

SNAPSHOT>>

Colorado

Overall Rank: 16

Change: **NO CHANGE**

Strengths:

- Low prevalence of obesity
- Few poor physical health days
- Low rate of cancer deaths
- Low rate of preventable hospitalizations

Challenges:

- Limited access to adequate prenatal care
- High rate of uninsured population

Significant Changes:

- In the past year, the occupational fatalities rate increased by 24%
- In the past year, the prevalence of smoking decreased by 10%
- Since 1990, the prevalence of obesity increased by 164%
- Since 1990, the rate of uninsured population increased by 34%

RANKING: Colorado is 16th this year, unchanged from 2006.

STRENGTHS:

Strengths include a low prevalence of obesity at 18.2 percent of the population, few poor physical health days per month at 2.9 days in the previous 30 days, a low rate of cancer deaths at 176.8 deaths per 100,000 population and a low rate of preventable hospitalizations with 56.2 discharges per 1,000 Medicare enrollees.

CHALLENGES:

Challenges include limited access to adequate prenatal care with 68.6 percent of pregnant women receiving adequate prenatal care, a high rate of uninsured population at 17.2 percent and low per capita public health spending at \$92 per person. Colorado ranks lower for health determinants than for health outcomes, indicating that overall healthiness may decline over time.

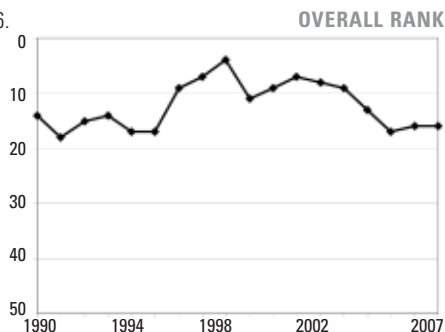
SIGNIFICANT CHANGES:

- ▲ In the past year, the occupational fatalities rate increased from 5.0 to 6.2 deaths per 100,000 workers.
- ▼ In the last year, the prevalence of smoking decreased from 19.8 percent to 17.9 percent of the population.
- ▲ Since 1990, the prevalence of obesity increased from 6.9 percent to 18.2 percent of the population.
- ▲ Since 1990, the rate of uninsured population increased from 12.8 percent to 17.2 percent.

HEALTH DISPARITIES:

In Colorado, blacks experience 47 percent more premature death than whites. In the large metropolitan areas, residents in the central counties experience 45 percent more premature death than residents in the fringe counties.

STATE HEALTH DEPARTMENT WEB SITE: www.cdph.state.co.us/



Colorado

DETERMINANTS	2007		2006		2000		1990	
	VALUE	RANK	VALUE	RANK	VALUE	RANK	VALUE	RANK
PERSONAL BEHAVIORS								
Prevalence of Smoking (Percent of population)	17.9↓	9	19.8	14	22.5	23	28.6	16
Prevalence of Binge Drinking (Percent of population)	16.3	33	16.2*	38*	17.2*	34*	—	—
Prevalence of Obesity (Percent of population)	18.2	1	17.8	1	14.9	4	6.9	1
High School Graduation (Percent of incoming ninth graders)	78.7	20	76.4	22	71.5*	27*	76*	28
COMMUNITY ENVIRONMENT								
Violent Crime (Offenses per 100,000 population)	392	26	397	27	378	20	468	30
Occupational Fatalities (Deaths per 100,000 workers)	6.2↑	27	5.0	20	4.4	10	11.6*	33
Infectious Disease (Cases per 100,000 population)	12.3	20	12.2	20	21.2	17	32.0	27
Children in Poverty (Percent of persons under age 18)	13.4↓	17	14.7	20	11.6	15	21.8	35
PUBLIC & HEALTH POLICIES								
Lack of Health Insurance (Percent without health insurance)	17.2↑	36	16.6	36	15.3	39	12.8	28
Per Capita Public Health Spending (Dollars per person)	\$92	42	\$92	42	—	—	—	—
Immunization Coverage (Percent of children ages 19 to 35 months)	80.3↓	27	83.4	16	69.6	39	—	—
CLINICAL CARE								
Adequacy of Prenatal Care (Percent of pregnant women)	68.6	42	68.6	42	73.1*	35*	71.2*	23*
Primary Care Physicians (Number per 100,000 population)	116.6	22	116.6	21	—	—	—	—
Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	56.2↑	6	53.7	6	—	—	—	—
ALL DETERMINANTS	5.7	20	4.6	21	5.9	17	3.2	23
HEALTH OUTCOMES								
Poor Mental Health Days (Days in previous 30 days)	2.8	7	3.0	13	3.3	39	—	—
Poor Physical Health Days (Days in previous 30 days)	2.9	3	3.0	3	3.3	29	—	—
Infant Mortality (Deaths per 1,000 live births)	6.7	27	6.5	25	6.9	19	9.2	14
Cardiovascular Deaths (Deaths per 100,000 population)	265.2	7	274.0	7	297.6	6	335.0	1
Cancer Deaths (Deaths per 100,000 population)	176.8	3	180.6	3	178.2	4	170.2	1
Premature Death (Years lost per 100,000 population)	6,424	16	6,633	16	6,359	12	7,353	11
ALL HEALTH OUTCOMES	4.0	9	4.4	9	7.8	4	6.6	8
OVERALL RANK	9.7	16	8.9	16	13.8	9	9.8	14

↓ and ↑ indicate major increases and decreases in the last year. — indicates data not available. *Data may not be comparable.